PRAY THE PSALM OF THE WEEK  Psalm 22:19, 21, 1, 7-8, 11

But You, O Lord, do not be far from Me!*  
O My Strength, hasten to help Me!  
Save Me from the lion’s mouth* and from the horns of the wild oxen!  
My God, My God, why have You forsaken Me?  
Why are You so far from helping Me?  
All those who see Me ridicule Me;* they shoot out the lip, they shake the head.  
They say “He trusted in the Lord, let Him rescue Him:* let Him deliver Him, since He delights in Him!”  
Be not far from Me, for trouble is near;* for there is none to help.

BLESS YOURSELF WITH THE HOLY CROSS AND SAY:
In the name of the Father and of the Son and of the Holy Spirit.

PRAY THE LORD’S PRAYER
Our Father, who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven.  
Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.  
For Thine is the kingdom and the power and the glory forever and ever. Amen.

SAY THE APOSTLES’ CREED
I believe in God, the Father Almighty, Maker of heaven and earth.  
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God, the Father Almighty. From thence He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Christian church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PRAY THE MORNING OR EVENING PRAYER  

Morning. I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.

Evening. I thank you, my heavenly Father, through Jesus Christ, Your dear Son, that You have graciously kept me this day; and I pray that You would forgive me all my sins where I have done wrong, and graciously keep me this night. For into Your hands, I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.
**THEME OF THE WEEK:** He Suffered All the Penalties of Sin

We are in Holy Week, the most sacred time in the church year. We press toward the cross of Jesus, and look to His suffering and death for our redemption and life. On Sunday we hear of His triumphal and humble entry into Jerusalem. Friday is Good Friday. Try to read Psalm 22 and Isaiah 53 along with the suggested readings. The crucifixion is the clearest glimpse we have to the heart of God. Those six hours of agony are the bedrock of our salvation. God’s wrath is spent on Jesus, not on us. Rejoice! God is for you. His love and mercy are for you. His blood and agony are for you.

**SUN**

**SCRIPTURE:** Matthew 21:1-9: In Lowly Pomp, Ride on to Die

Palm Sunday is full of wonderful mystery. The King is coming into His kingdom, but His own do not receive Him. He rides in peace to be taken with violence. He comes to bring victory but is put to shame. The prophet Zechariah captures this mystery with one word: lowly. “Behold, your King is coming to you, lowly, and sitting on a donkey.” Lowly, meekly, in humility Jesus comes. Consider this stunning line from a Palm Sunday hymn: “Ride on, ride on in majesty, in lowly pomp ride on to die.” Jesus, seeing the cross, seeing the suffering, seeing your salvation, mounts the donkey and rides into Jerusalem to die for you. God be praised! O Lord Jesus Christ, thank You for Your suffering and death that brings me life and salvation. Amen.

**MON**

**SCRIPTURE:** Psalm 61, The Higher Rock

“Lead me to the rock that is higher than I.” The picture the Psalm is painting is of an ancient fortress built high on a rocky mountain. Down in the valley we are in danger. Ambush could come at any moment. Danger is around every corner. But, standing in the mighty walls of a strong tower we are safe, secure, at peace. Jesus is that Rock. His Word is that tower. His promises are our safety. His mercy is our refuge. His kindness is our protection. His love is our defense. His forgiveness is our hiding place from the storms that rage around us. When my heart is overwhelmed, lead me to a Rock that is higher than I, for You have been a shelter for me, a strong tower from the enemy. Amen.

**TUE**

**SCRIPTURE:** Philippians 2:5-11, The Lower Place

Adam and Eve grasped for equality with God in the Garden of Eden. “We will be like God,” they thought as they took and ate the forbidden fruit, and fell. But Jesus did not consider equality with God as something to be grasped. He humbled Himself. He took the form of a slave. He became man. He bore our sin. He carried our sorrow. He joined us in sorrow, in humiliation, in death, so that we could join Him in glory and everlasting life. But He had to suffer before He entered into glory. Before He sat at the right hand of God He hung between two criminals. Death first, and then life eternal. Jesus is the name exalted above all others, and in His name we find eternal life. O Lord, grant us Your mind, that we would rejoice in Your humility and glory.

**WED**

**SCRIPTURE:** Zechariah 9:9-10, See, That’s Your King

“See your king!” That’s the preaching of Zechariah, but before you turn and look, I want you to imagine what this king will be like. How will he come? Powerful, and bringing victory? Glorious, and bringing success? Wise, and bringing insight? Now turn and look. There is our King, lowly, riding on a donkey. He is righteous, and bringing salvation. Jesus is the Almighty King. He is the King of Glory. He is the Wise King. But above all else, He is the Savior King, the Redeemer King, the Crucified King who is crowned with thorns and rescues us through His suffering and death. His lowliness is our hope of glory. King Jesus, we thank You for transferring us into the kingdom of Your love. Amen.

**THU**

**SCRIPTURE:** Mark 14:3-9, Pre-Annointed

It’s a week before His crucifixion, but already Jesus is anointed for burial. He came for this hour, for this purpose, for this death. The cross was not an accident. It was the eternal purpose of God. “For us men, and for our salvation, He came down from heaven…” Jesus came to die for the ungodly, in order to bring us to God. We rejoice, then, in this lavish act of anointing the feet of Jesus with costly oil, knowing that His death is the most precious thing of all, and that His body, crucified, is our salvation. O Lord Jesus Christ, grant us Your Holy Spirit, that we would worship You by faith, trusting in Your sacrifice for our redemption. Amen.

**FRI**

**SCRIPTURE:** Hebrews 12:1-11, Jesus at the Finish Line

Verses 1-4 picture each Christians as a long-distance runner, exhausted, dragging one foot in front of the other, pressing towards the goal. The finish line is in a stadium, and as you come around the corner you hear, for a distance, those who have finished the race cheering you on: your grandparents, your friends, the pastor who baptized you. You hear, as it were, the cheering of Sts. Peter and Paul, Isaiah and David, Moses and Noah, encouraging you. “Keep the faith. Be strong and courageous.” And as you turn the corner, you see Jesus at the finish line. “Let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith.” Jesus, grant me your strength and Spirit to cross the finish line in victory. Amen.

**SAT**

**SCRIPTURE:** Psalm 67, The Holy Trinity Shall Bless Us

It’s a good rule, when reading the Old Testament, to keep an eye out for tri- ples, that is, for the three Persons of the Holy Trinity. “Holy, Holy, Holy,” the angels sing to the Holy Father, the Holy Son, and the Holy Spirit. “The LORD, our God, the LORD, is One.” Also in today’s Psalm. “God, our own God, shall bless us. God shall bless us, and all the ends of the earth shall fear Him.” We are triple blessed: blessed by the Father who loved us and sent His Son to die for us. Blessed by the Son who suffered all, even death, to win for Himself a holy people. Blessed by the Holy Spirit who comforts us in all our affliction. O God, be merciful to us and bless us, and cause Your face to shine on us. Amen.

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