PRAY THE PSALM OF THE WEEK Psalm 84:1-2, 4, 9-10, 11

O God, be / hold our shield,*
and look upon the face of Your a / nointed.
For a day / in Your courts*
is better than a / thousand.
How lovely is Your tabernacle, O / Lord of hosts!*
My soul longs, yes, even faints for the courts / of the Lord:
Blessed are those who dwell / in Your house;*
They will still be / praising You
I would rather be a doorkeeper in the house / of my God* 
than dwell in the tents of / wickedness.
The Lord will give grace and / glory;*
no good thing will / He withhold.

BLESS YOURSELF WITH THE
HOLY CROSS
AND SAY:

In the name of the Father and of the Son and of the Holy Spirit.

SAI THE APOSTLES’ CREED

I believe in God, the Father Almighty, 
Maker of heaven and earth.

And in Jesus Christ, His only Son, our 
Lord, who was conceived by the Holy 
Spirit, born of the Virgin Mary, suffered 
under Pontius Pilate, was crucified, died 
and was buried. He descended into hell. 
The third day He rose again from the 
dead. He ascended into heaven and sits at 
the right hand of God, the Father 
Almighty. From thence He will come to 
judge the living and the dead.

I believe in the Holy Spirit, the holy 
Christian church, the communion of 
saints, the forgiveness of sins, the 
resurrection of the body, and the life 
everlasting. Amen.

PRAY THE MORNING OR EVENING PRAYER

Morning. I thank You, my 
heavenly Father, through Jesus 
Christ, Your dear Son, that You 
have graciously kept me this day; and I pray that 
You would keep me this day also 
from sin and every evil, that all my 
doings and life may please You. 
For into Your hands I commend 
myself, my body and soul, and all 
things. Let Your holy angel be with 
me, that the evil foe may have no 
power over me. Amen.

Evening. I thank you, my 
heavenly Father, through Jesus 
Christ, Your dear Son, that You 
have graciously kept me this day; 
and I pray that You would forgive 
me all my sins where I have done 
wrong, and graciously keep me this 
night. For into Your hands, I 
commend myself, my body and 
soul, and all things. Let Your holy 
angel be with me, that the evil foe 
may have no power over me. Amen.

1 BLESS YOURSELF WITH THE HOLY CROSS AND SAY:
In the name of the Father and of the Son and of the Holy Spirit.

2 SAY THE APOSTLES’ CREED
I believe in God, the Father Almighty, 
Maker of heaven and earth.

And in Jesus Christ, His only Son, our 
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I believe in the Holy Spirit, the holy 
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saints, the forgiveness of sins, the 
resurrection of the body, and the life 
everlasting. Amen.

3 PRAY THE LORD’S PRAYER
Our Father, who art in 
heaven, 
hallowed be Thy name, 
Thy kingdom come, 
Thy will be done on earth as it 
is in heaven.

Give us this day our daily 
bread; 
and forgive us our trespasses 
as we forgive those who 
trespass against us; 
and lead us not into 
temptation, 
but deliver us from evil.

For Thine is the kingdom and 
the power and the glory 
forever and ever. Amen.

4 PRAY THE MORNING OR EVENING PRAYER

Morning. I thank You, my 
heavenly Father, through Jesus 
Christ, Your dear Son, that You 
have graciously kept me this night from all 
harm and danger; and I pray that 
You would keep me this night also 
from sin and every evil, that all my 
doings and life may please You. 
For into Your hands I commend 
myself, my body and soul, and all 
things. Let Your holy angel be with 
me, that the evil foe may have no 
power over me. Amen.

Evening. I thank you, my 
heavenly Father, through Jesus 
Christ, Your dear Son, that You 
have graciously kept me this night; 
and I pray that You would forgive 
me all my sins where I have done 
wrong, and graciously keep me this 
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commend myself, my body and 
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angel be with me, that the evil foe 
may have no power over me. Amen.
THEME OF THE WEEK: The Thankfulness Wrought by the Spirit
This week we will think upon what it means to be thankful and how we live in response to that. We see many people healed of physical infirmities, but we must always remember that the greater is the healing of the heart, the forgiveness of sins that is ours in Christ. True thankfulness spurs us on to praising our God and to serve our neighbors, loving them as we love ourselves. This is all grounded in an appreciation of what Jesus Christ has done for us first.

SCRIPTURE: Luke 17:11-19 Giving Thanks
One might think it is too early to be thinking about Thanksgiving, but the pumpkin spice items are back, so we know that Thanksgiving is around the corner. In our text today, the ten lepers are cleansed, and so we would expect that thanksgiving would be flowing from them as well. And yet, it was only the one. I am reminded of the hymn, “Lord, forgive us for shallow thankfulness.” How often do we receive the blessings of the Lord and immediately move on to the next thing before being thankful for His goodness to us? This week, I encourage you to take the time to be thankful for God’s blessings. Heavenly Father, forgive me for not showing You the thankfulness I should and give me, I pray, the eyes to see Your great generosity to me. Amen.

SCRIPTURE: Psalm 119:105-112 “For all this, we thank and praise, serve and obey Him.”

In the text today we see what it means to be thankful. It doesn’t just mean that we have a warm positive feeling toward God. It means that we show that thanks by what we do! Just like the leper who went back to Jesus, we return to His Word again and again. Just as a lamp shows us the safe paths to walk, so also does the Word of God show us the ways in which we are to tread. We incline ourselves to His statues not so that He will bless us, but out of thankfulness for all that He has already blessed us with. O Lord, I thank You for Your bountiful goodness You have shown to me and I pray that You would strengthen me in service to You and to my neighbor. Amen.

SCRIPTURE: Galatians 5:16-24 The Spirit Brings Thankfulness
Ahh, the fruits of the Spirit. Did you have to memorize them as a child? Many people do. They become a list of things that we need to check off to see just how “Christian” we are. But if we use them that way, we couldn’t be more wrong! These are the fruits of the Spirit. These are the very blessings that God faithfully gives to His people. These are the gifts that we are thankful for! We don’t walk by the Spirit so that we get these gifts, we walk by the Spirit precisely because we have them. Now, if you don’t feel like you have them, or have enough of them, take heart! The fruits of the Spirit grow in the abundance that God desires and in His time. We are thankful for what we do have, not resentful for what we don’t have. Almighty God, thank You for the fruits of the Spirit You have granted to me. Please enable me to use these gifts in my service to You and to my neighbor. Amen.

SCRIPTURE: Jeremiah 17:13, 14 Our Help is in the Lord
This text contains a very stark contrast. The opening verse describes what happens to those who forsake the Lord. It is tempting when things are falling apart and we feel alone and abandoned to turn away from our God. But rather, we are reminded that the true God is the only one who can help us in our time of need. He saves us. He heals us. For these things and more, we are thankful. We have no fear of being abandoned. If God promises to save us, He will. And promise to save us He has. We know this because Jesus has promised this to us. If we have this promise, what is there to be afraid of? Almighty God, I thank You for the promises You have made to me and I pray that You would keep me in the faith to keep trusting those promises. Amen.

SCRIPTURE: John 5:1-15 Who Do You Thank?
I struggle to write thank-you notes. They are so easy to forget to do. And yet a simple thank you can make all the difference to a person who is generous to us. But what do you do when you don’t know who to thank? The lame man in the text today did not know who had healed him. It was simply a stranger who showed up and healed him. How do you think he felt? Do you think he wanted to see Jesus again? We rejoice because we do know Who to thank when we are healed: when we are blessed, when we are forgiven. We know that all good things come to us from the divine and providing hand of the Father through His Son Jesus. O Lord, You are generous in every way. I thank You for all that You have given me, and help me that I may continue in thankfulness to You. Amen.

SCRIPTURE: Acts 3:1-10 God Deserves the Praise
This text is a little different from the other ones we have had this week. We have seen Jesus heal people, but here we see Jesus heal someone through His Apostle, Peter. What a wonderful blessing it must have been for that lame man! We know how he responded because he immediately went into the Temple, praising and thanking God. What a blessed example this man is for us. He shows us that God deserves the glory even when the work is done through his human agents. This is a true kind of joy that comes only from true thanksgiving for undeserved blessings. Almighty God, You have showered me with many blessings, all of which I did not and do not deserve. I thank You that You have blessed me through Your son, my Lord, Jesus Christ. Amen.

SCRIPTURE: Psalm 66 Why do we thank God?
This text is a perfect way to conclude our week. Why exactly is the psalmist here praising God? It’s not because he has nice clothes or all he ever wanted. No, he is praising God because of what he has done. Thanking is a response to the blessings of God. He thanks God for the Exodus out of Egypt. He thanks God for victories and for a land. In the same way, we thank our God because of what His son Jesus accomplished for us at the cross and for the victory He has given us over sin, death, and the devil. Out of this thanksgiving then flows the desire to perform good works, as a way to more concretely show our thanksgiving. Lord Jesus, thank You for all that You have done for me, but especially I thank You for the eternal life You give to me. Bless me that I may live out this thankfulness in faithful service. Amen.